

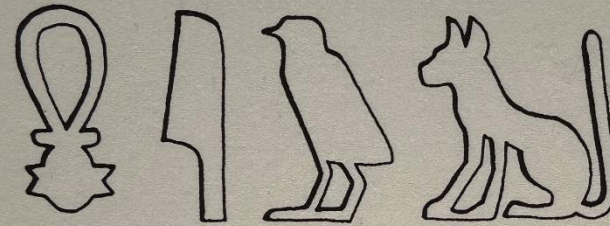


Pieter Nederveen  
neuroloog



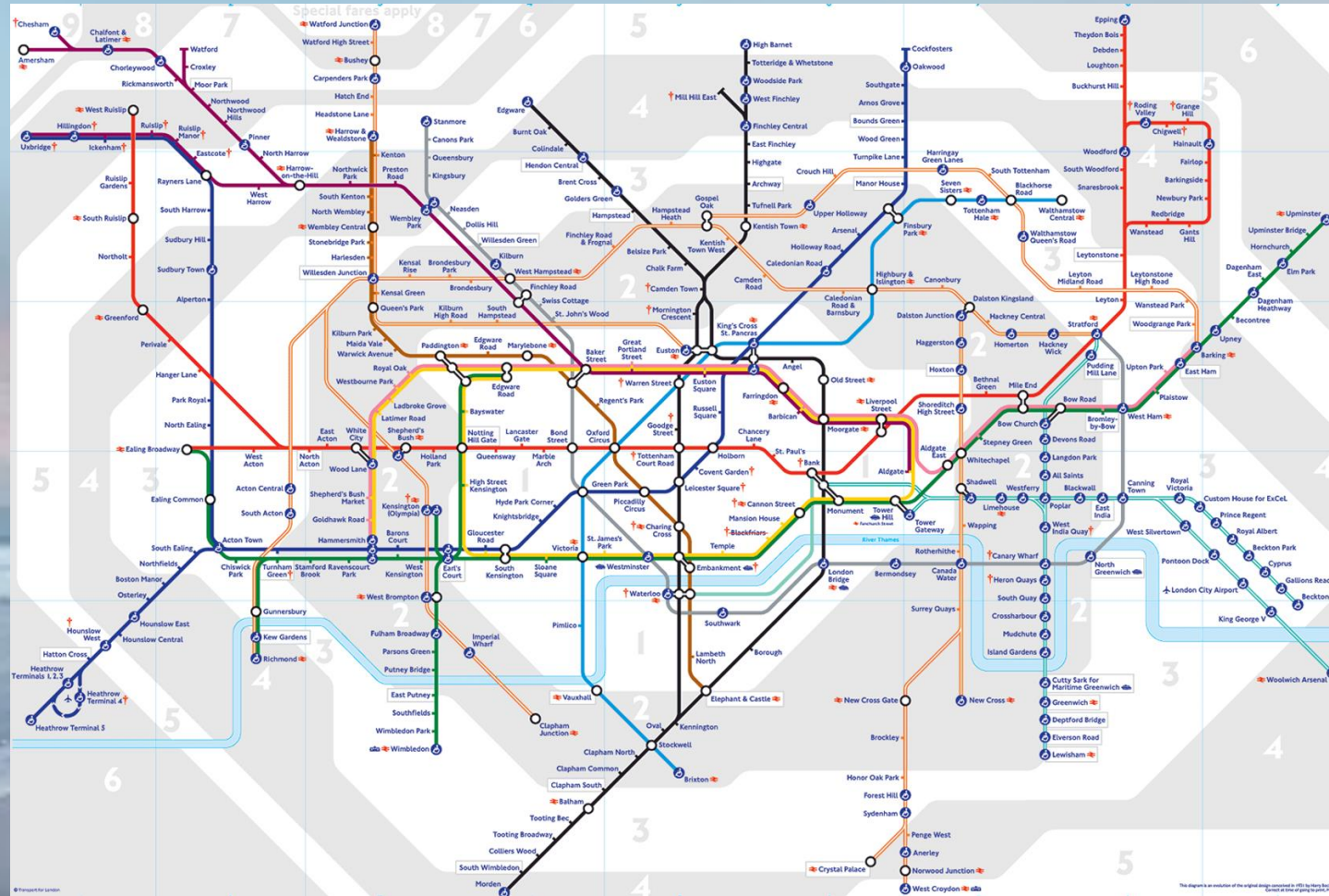
# Steen van Rosetta

Egyptian word for cat is written:



mi + i + w + picture sign

The first three signs record the sounds 'miw' (perhaps derived from a cat's 'miaow'), followed by a sign depicting the animal to enhance the meaning of the word.



# Indeling

-inleiding

-eigen regie

-nieuwe ontwikkelingen

-samenvatting

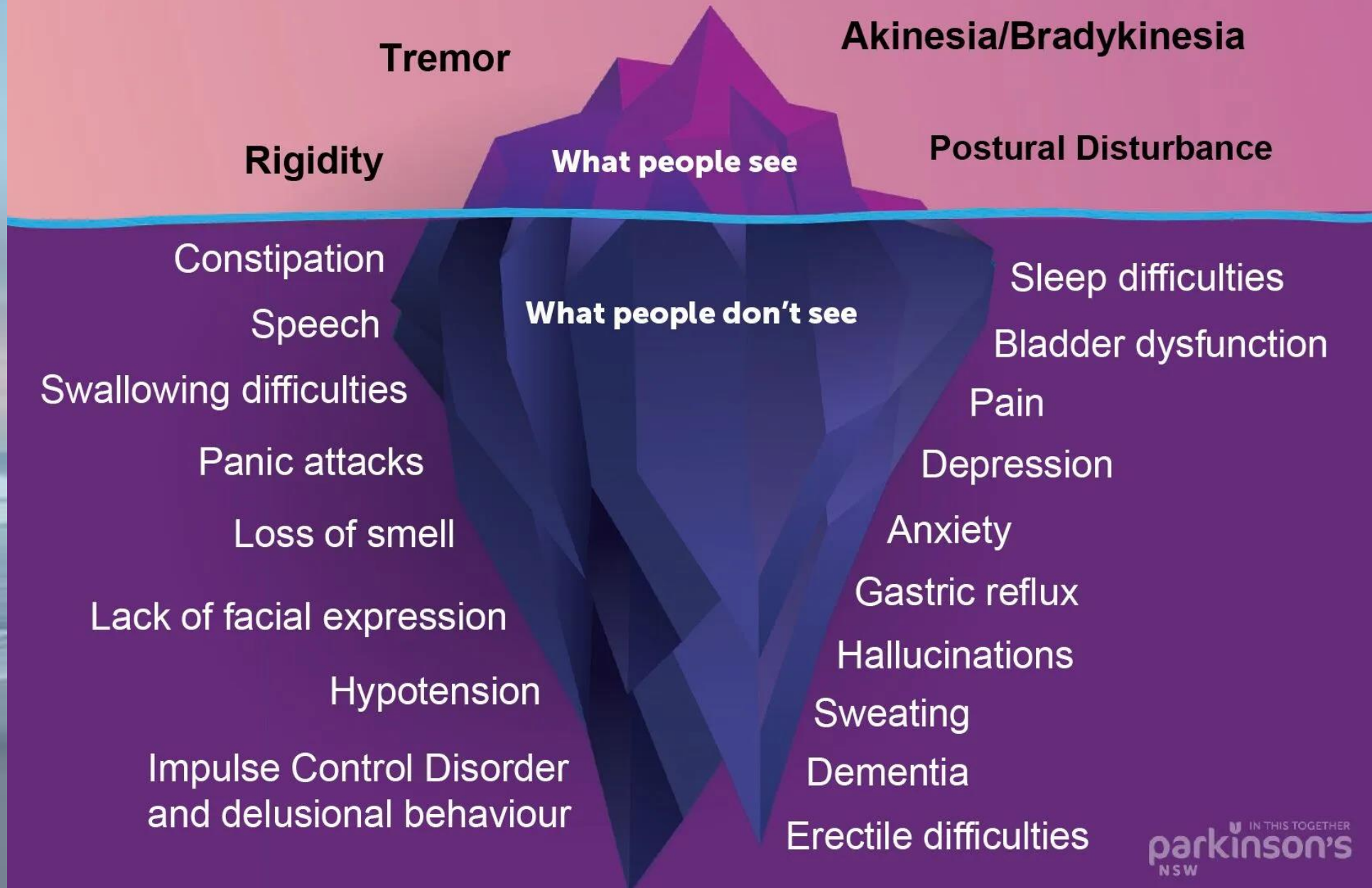
-tijd voor vragen

# Inleiding



- 
- chronische aandoening
  - progressieve aandoening
  - behandelbare aandoening
  - ziekteverschijnselen zijn zeer divers
  - er is niet één ziekte van Parkinson

# The Parkinson's Iceberg



# Parkinson Monitor

Markeer het cijfer in het diagram dat het beste aangeeft hoeveel last u van uw klachten heeft. U geeft een cijfer aan de categorie in zijn geheel (bijv. slaapstoornissen), niet aan de afzonderlijke klachten.

DATUM: (DD/MM/JJ)

0 Geen last   1 Weinig last   2 Last   3 Veel last   4 Zeer veel last

## ■ Stemming

- Ik heb steeds minder interesse in dingen
- Ik heb minder/geen plezier meer in de dingen die ik voorheen leuk vond
- Ik voel me ongelukkig
- Ik ben nerveus, angstig of raak in paniek
- Ik ben depressief
- Ik pieker veel
- Ik heb problemen in de relationele sfeer/met gezinsleden
- Andere: .....

## ■ Andere niet-motorische symptomen

- Ik heb een licht gevoel in mijn hoofd/ben duizelig als ik opsta vanuit een liggende positie
- Ik val als gevolg van een flauwte
- Ik merk een wijziging in mijn vermogen om te ruiken/proeven
- Ik merk een wijziging in gewicht (niet te wijten aan een wijziging in dieet)
- Ik zweet overmatig
- Ik zie/hoor dingen die er niet zijn
- Andere: .....

## ■ Slaapstoornissen

- Ik heb problemen om 's avonds in slaap te vallen
- Ik heb problemen met doorslapen
- Ik heb problemen om weer in slaap te vallen zodra ik wakker ben geworden
- Ik ben 's ochtends moe
- Ik ben gedurende de dag vermoeid
- Ik dut regelmatig in op ongewenste momenten
- Andere: .....

## ■ Blaas en seksueel functioneren

- Ik voel aandrang om te plassen terwijl ik niet hoeft te plassen
- Ik moet 's nachts vaker plassen
- Ik heb last van incontinentieproblemen
- Ik heb een gewijzigde interesse in seks
- Ik heb problemen bij het hebben van seks
- Andere: .....

## ■ Aandacht/Geheugen

- Ik kan mij niet concentreren gedurende activiteiten
- Ik spreek traag
- Ik ben vergeetachtig
- Ik heb problemen met het herinneren van namen, getallen, gebeurtenissen
- Ik heb moeite om op woorden te komen
- Ik heb moeite met initiatief nemen
- Andere: .....

## ■ Spijsvertering

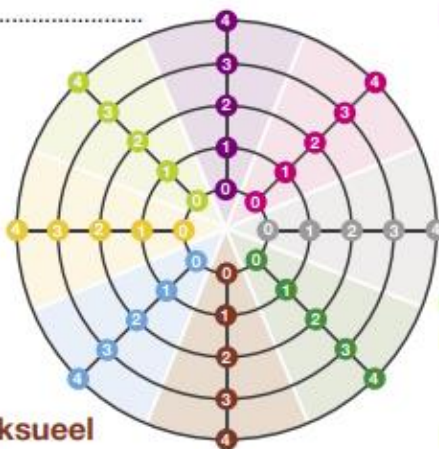
- Ik heb moeite met slikken
- Ik heb last van overvloedig speeksel
- Ik moet vaak overgeven of voel mij ziek (misselijk)
- Ik heb last van constipatie (verstopping)
- Ik heb last van diarree
- Ik heb last van mijn maag
- Andere: .....

## ■ Beweging

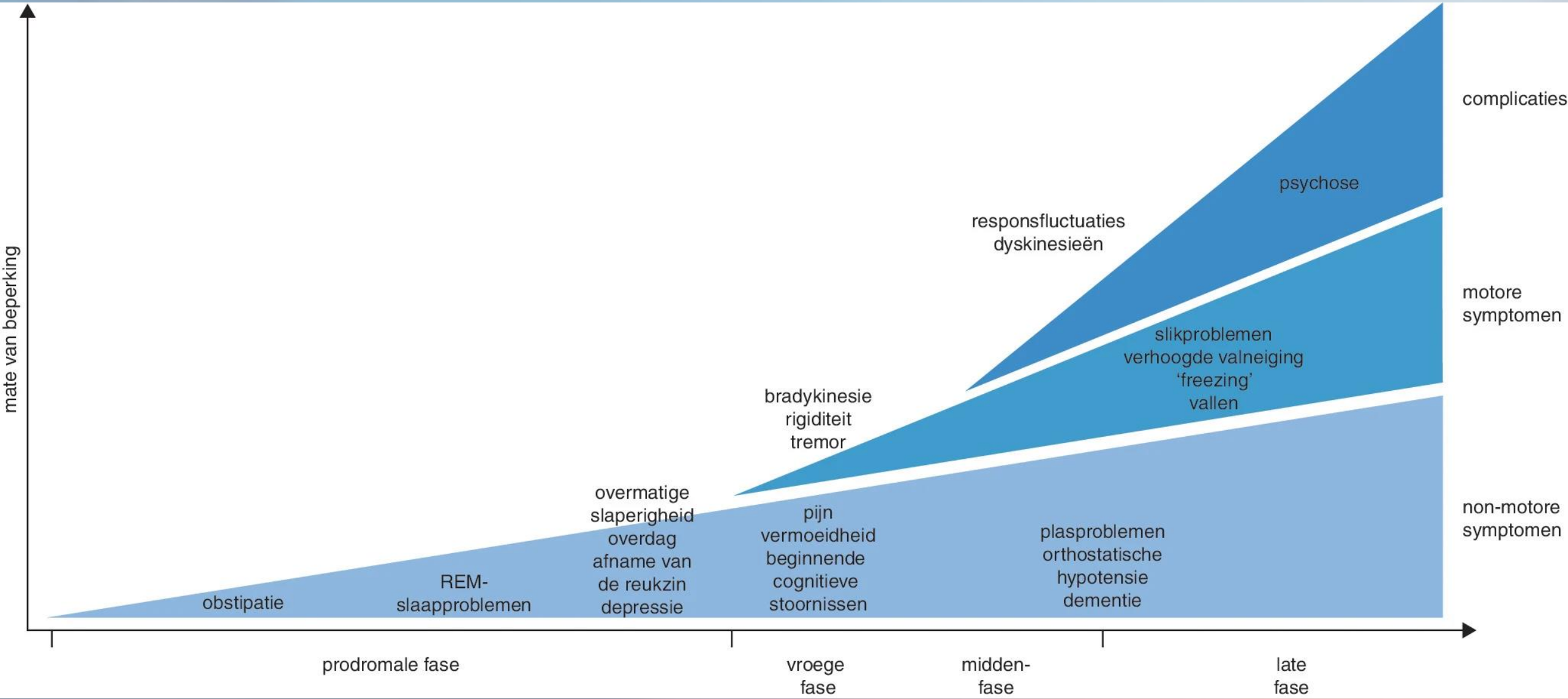
- Ik heb last van stijfheid in de vroege ochtend
- Ik heb last van stijfheid
- Ik tril
- Ik beweeg traag
- Ik ben beperkt in mijn bewegingen
- Ik heb evenwichtsproblemen/valneigingen
- Ik heb een gewijzigde lichaamshouding
- Ik heb problemen met spreken
- Ik heb een klein handschrift
- Ik heb last van bevrozen (freezing)
- Andere: .....

## ■ Pijn

- Ik heb vroeg in de ochtend pijnlijke krampen in mijn tenen, vingers, enkels en polsen, waar ik wakker van word
- Ik heb pijnlijke, stijve ledematen gedurende de dag
- Ik heb pijnlijke, stijve ledematen gedurende de nacht
- Ik heb pijnschokken, -scheuten in mijn ledematen
- Ik heb pijn door abnormale ongewenste bewegingen
- Ik heb pijn door rusteloosheid of nerveus bewegen 's nachts
- Ik heb zware hoofdpijn
- Andere: .....







mate van beperking

complicaties

motore symptomen

non-motore symptomen

prodromale fase

vroege fase

midden-fase

late fase

obstipatie

REM-slaapproblemen

overmatige slaperigheid overdag  
afname van de reukzin  
depressie

bradykinesie  
rigiditeit  
tremor

pijn  
vermoeidheid  
beginnende cognitieve stoornissen

responsfluctuaties  
dyskinesieën

plasproblemen  
orthostatische hypotensie  
dementie

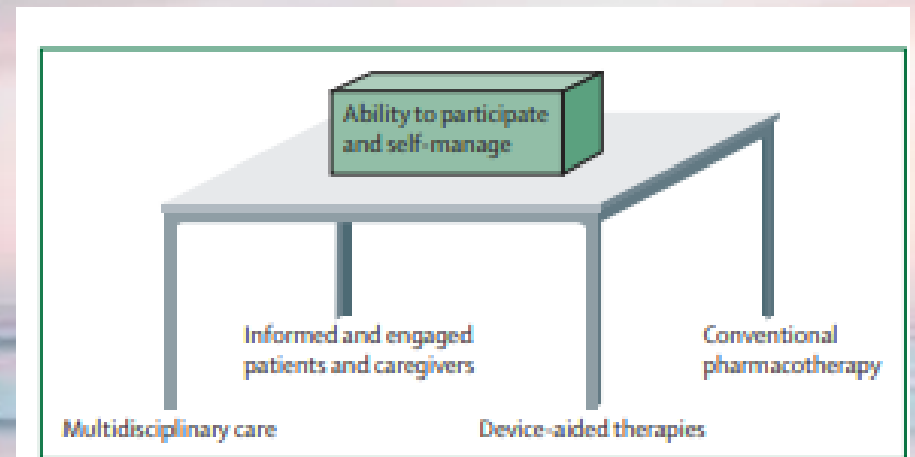
slikproblemen  
verhoogde valneiging  
'freezing'  
vallen

psychose

# Eigen regie



- informatie Parkinson
- contact met lotgenoten
- leefstijl
- “shared decision making”



**Figure 5: Overall management approach of Parkinson's disease**

The overall management approach of Parkinson's disease can be visualised as a table resting on four legs that are needed for all people with Parkinson's disease, except for neurosurgery, which is indicated for only a subgroup. In line with a modern definition of health,<sup>24</sup> the ultimate goal is to support people with Parkinson's disease in their ability to participate in activities that are meaningful to them, and to support them in self-management.

# Informatie Parkinson

-[www.parkinson-vereniging.nl](http://www.parkinson-vereniging.nl)

-[www.parkinsontv.nl](http://www.parkinsontv.nl)

-  
-



PARKINSONISME  
VERENIGING



# Informatie Parkinson



# Informatie Parkinson


ParkinsonNet

Home Agenda Gemiste uitzendingen Over ParkinsonTV In beweging

← Terug


## Diëten & Parkinson

30 juni 2023 | 57:31 Minuten



Diëten & Parkinson - ParkinsonTV

Diëten & Parkinson

Bekijken op  YouTube

# Contact met lotgenoten

- [www.parkinson-vereniging.nl](http://www.parkinson-vereniging.nl)
- Parkinsoncafé
- bij de therapeut (trainen in groepen)
- boksen, dansen...
-

# Contact met lotgenoten





# Leefstijl



Voeding



Beweging



Verbinding



Ontspannen



Middelen



Slaap

# “Shared decision making”

Op basis van informatie en eigen wensen samen met een medisch team uw eigen behandeling vorm geven



# Nieuwe ontwikkelingen

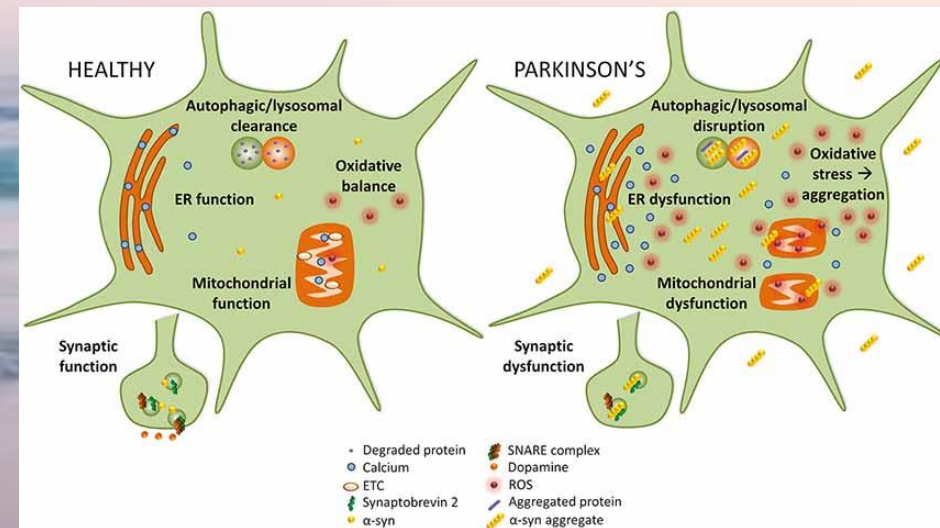
**14000!** artikelen Parkinson

- antilichamen alfa-synucleine
- alfa-synucleine bloed/CSF
- nieuwe toedieningsvormen
- FUS PD
- GBA1 studie



# Wat gaat er mis bij Parkinson

- alfa synucleine rol
- samenklonteren afwijkend alfa synucleine
- "prionziekte"



RESEARCH SUMMARY

## Trial of Prasinezumab in Early-Stage Parkinson's Disease

Pagano G et al. DOI: 10.1056/NEJMoa2202867

**CLINICAL PROBLEM**

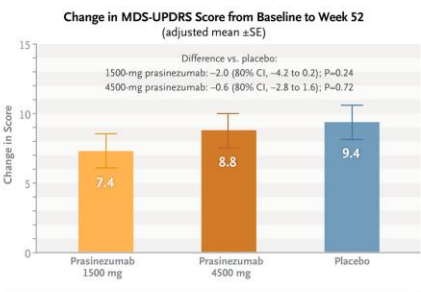
Aggregated  $\alpha$ -synuclein has a prominent role in the pathogenesis of Parkinson's disease. Prasinezumab, a humanized monoclonal antibody that binds to aggregated  $\alpha$ -synuclein, has been proposed as a potential treatment for Parkinson's disease, but clinical trial data are needed.



**CLINICAL TRIAL**

**Design:** A phase 2, multinational, double-blind, randomized, placebo-controlled trial examined the efficacy and safety of low- and high-dose prasinezumab in patients with early-stage Parkinson's disease.

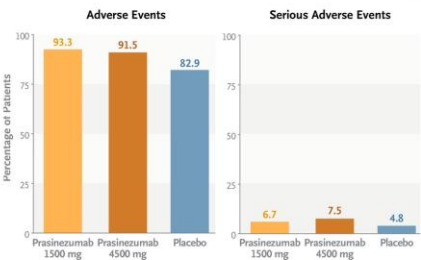
**Intervention:** 316 patients who had not previously received treatment for symptoms of Parkinson's disease or who were receiving stable doses of a monoamine oxidase B inhibitor were assigned to receive intravenous prasinezumab (1500 mg or 4500 mg) or placebo every 4 weeks for 52 weeks. The primary end point was the change from baseline to week 52 in the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale (MDS-UPDRS) total score; scores range from 0 to 236, with higher scores indicating greater symptom severity.



**RESULTS**

**Efficacy:** The mean change in the MDS-UPDRS score at week 52 did not differ significantly between either prasinezumab dose and placebo.

**Safety:** Infusion reactions were common and were reported most frequently in the 4500-mg group. Serious adverse events occurred more often with prasinezumab than with placebo.



**LIMITATIONS AND REMAINING QUESTIONS**

- Nearly one third of the participants were excluded from the 52-week efficacy analysis because they had started treatment for symptoms of Parkinson's disease.
- Non-White and non-U.S. or non-European populations were underrepresented in the trial.
- Testing for target engagement of prasinezumab was not performed.

**CONCLUSIONS**

The monoclonal antibody prasinezumab, as compared with placebo, did not slow disease progression in patients with early-stage Parkinson's disease over a 52-week treatment period.

Links: [Full Article](#) | [NEJM Quick Take](#) | [Editorial](#)

RESEARCH SUMMARY

## Trial of Cinpanemab in Early Parkinson's Disease

Lang AE et al. DOI: 10.1056/NEJMoa2203395

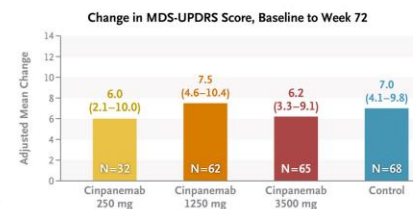
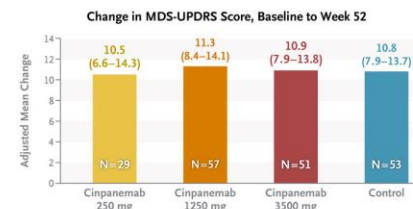
**CLINICAL PROBLEM**

Existing therapies for Parkinson's disease are limited. The targeting of  $\alpha$ -synuclein aggregates has been proposed as a potential disease-modifying strategy. Cinpanemab, a human-derived monoclonal antibody that binds to aggregated  $\alpha$ -synuclein, showed promise in a mouse model and in a phase 1 study of Parkinson's disease.

**CLINICAL TRIAL**

**Design:** A phase 2, international, double-blind, randomized, placebo-controlled trial examined the efficacy and safety of cinpanemab in persons with early-stage Parkinson's disease.

**Intervention:** 357 participants who were not receiving treatment for Parkinson's symptoms were assigned to receive intravenous cinpanemab at one of three doses (250 mg, 1250 mg, or 3500 mg) or placebo (control) every 4 weeks for 52 weeks, after which placebo recipients switched to cinpanemab. The primary end points included the change from baseline to weeks 52 and 72 in the total score on the Movement Disorder Society-sponsored revision of the Unified Parkinson's Disease Rating Scale (MDS-UPDRS); scores range from 0 to 236, with higher scores indicating greater symptom severity.



**RESULTS**

**Efficacy:** At 52 weeks, the change in MDS-UPDRS total score did not differ significantly between any cinpanemab dose and placebo. Results at 72 weeks, when the trial was stopped early for lack of efficacy, were consistent with the results at 52 weeks.

**Safety:** Adverse events occurred in similar proportions of cinpanemab and placebo recipients and were usually mild to moderate in severity. The most common adverse events with cinpanemab included headache, nasopharyngitis, falls, and back pain.

Adverse Event	Cinpanemab 250 mg (N=55)	Cinpanemab 1250 mg (N=102)	Cinpanemab 3500 mg (N=100)	Control (N=100)
Any adverse event	42 (76)	83 (81)	86 (86)	80 (80)
Adverse events occurring in ≥5% of participants				
Headache	6 (11)	19 (19)	21 (21)	18 (18)
Nasopharyngitis	10 (18)	10 (10)	13 (13)	12 (12)
Fall	5 (9)	6 (6)	15 (15)	5 (5)
Back pain	3 (5)	8 (8)	13 (13)	9 (9)

Data are no. of participants (%).

**LIMITATIONS AND REMAINING QUESTIONS**

- 40% of the participants were not included in the 52-week analysis because they had started other treatments for Parkinson's symptoms.
- Clearance of  $\alpha$ -synuclein in cinpanemab recipients could not be verified.

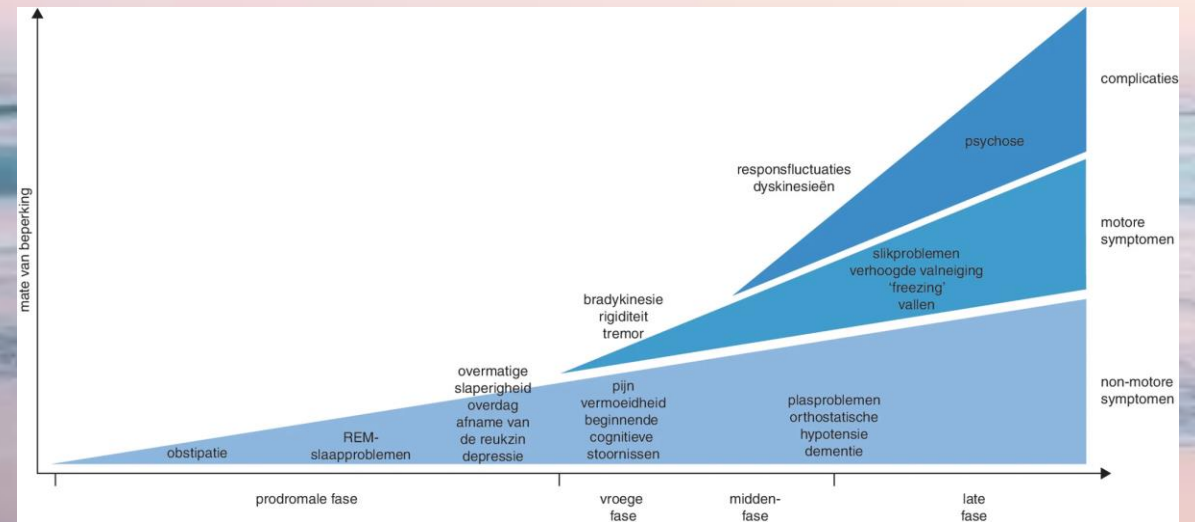
**CONCLUSIONS**

The monoclonal antibody cinpanemab, as compared with placebo, did not slow progression of Parkinson's disease in patients with early-stage disease.

Links: [Full Article](#) | [NEJM Quick Take](#) | [Editorial](#)

# Opmerkingen bij deze studies

- mogelijk wel effect prodromale fase?
- mogelijk langer behandelen?



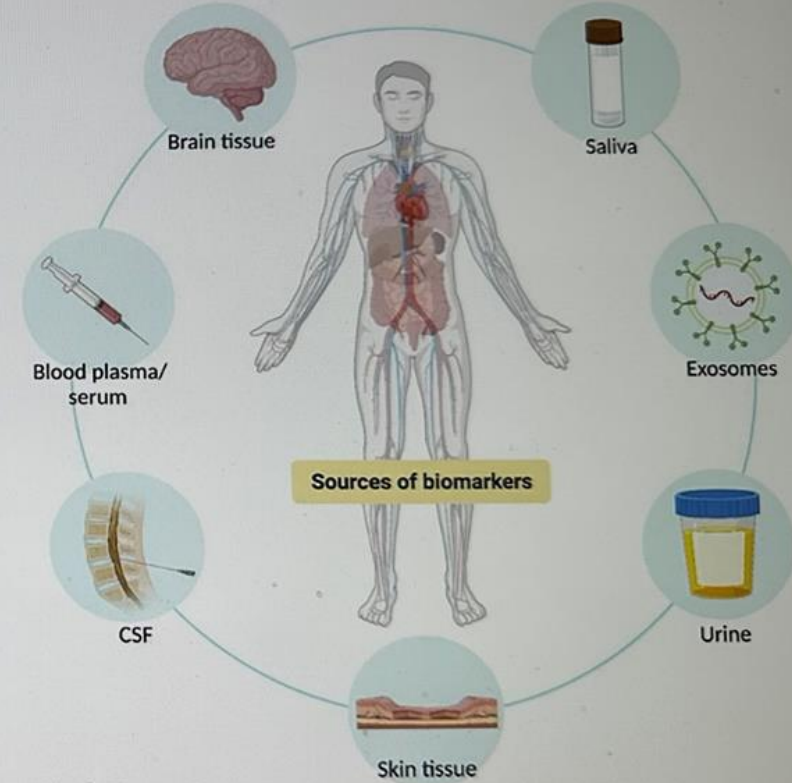
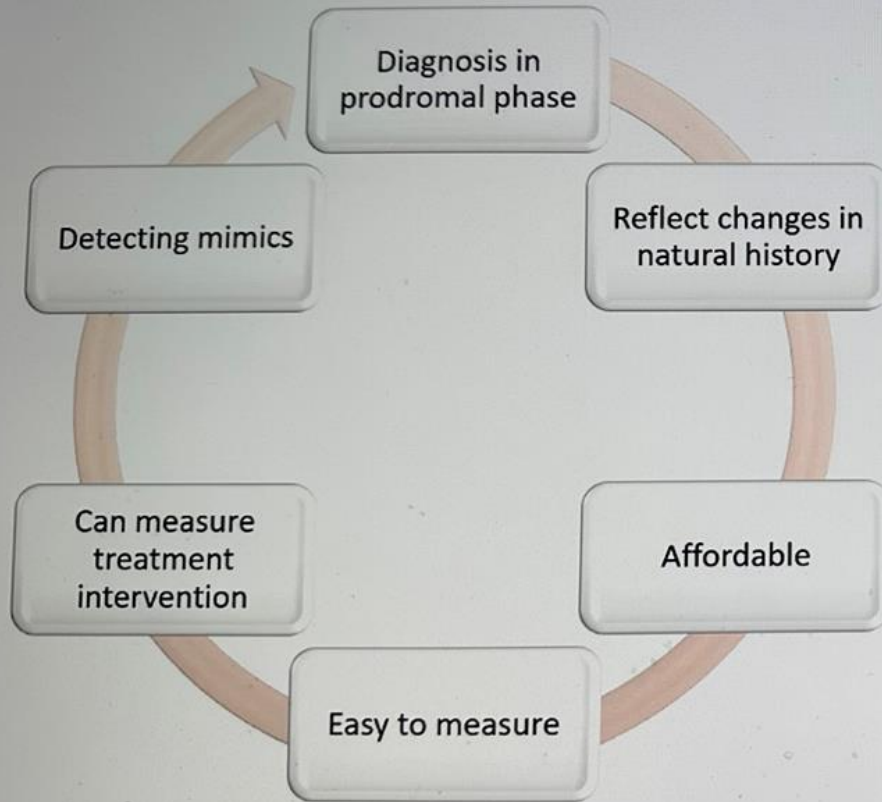




# Biomarker

A wide-angle photograph of a beach at sunset or sunrise. The sky is a mix of soft blues, pinks, and oranges, with a bright sun low on the horizon to the right. The ocean has gentle waves with white foam washing onto a sandy beach. The word "Biomarker" is overlaid in a large, bold, yellow font in the center of the image.

# Ideal Biomarker




Berg D, Klein C.  $\alpha$ -synuclein seed amplification and its uses in Parkinson's disease. *Lancet Neurol.* 2023 May;22(5):369-371.

Chopra A, Outeiro TF. Aggregation and beyond: alpha-synuclein-based biomarkers in synucleinopathies. *Brain.* 2023 Aug 1:awad260.



## Detection of neuron-derived pathological $\alpha$ -synuclein in blood



 Annika Kluge,<sup>1</sup> Josina Bunk,<sup>2</sup> Eva Schaeffer,<sup>1</sup> Alice Drobny,<sup>3</sup> Wei Xiang,<sup>3</sup> Henrike Knacke,<sup>1</sup> Simon Bub,<sup>3</sup> Wiebke Lückstädt,<sup>4</sup> Philipp Arnold,<sup>5</sup> Ralph Lucius,<sup>4</sup> Daniela Berg<sup>1,†</sup> and Friederike Zunke<sup>3,†</sup>

<sup>†</sup>These authors contributed equally to this work.

See Martinez-Valbuena et al. (<https://doi.org/10.1093/brain/awac292>) for a scientific commentary on this article.

To date, no reliable clinically applicable biomarker has been established for Parkinson's disease. Our results indicate that a long anticipated blood test for Parkinson's disease may be realized. Following the isolation of neuron-derived extracellular vesicles of Parkinson's disease patients and non-Parkinson's disease individuals, immunoblot analyses were performed to detect extracellular vesicle-derived  $\alpha$ -synuclein. Pathological  $\alpha$ -synuclein forms derived from neuronal extracellular vesicles could be detected under native conditions and were significantly increased in all individuals with Parkinson's disease and clearly distinguished disease from the non-disease state. By performing an  $\alpha$ -synuclein seeding assay these soluble conformers could be amplified and seeding of pathological protein folding was demonstrated. Amplified  $\alpha$ -synuclein conformers exhibited  $\beta$ -sheet-rich structures and a fibrillary appearance. Our study demonstrates that the detection of pathological  $\alpha$ -synuclein conformers from neuron-derived extracellular vesicles from blood plasma samples has the potential to evolve into a blood-biomarker of Parkinson's disease that is still lacking so far. Moreover, the distribution of seeding-competent  $\alpha$ -synuclein within blood exosomes sheds a new light of pathological disease mechanisms in neurodegenerative disorders.

## Assessment of heterogeneity among participants in the Parkinson's Progression Markers Initiative cohort using $\alpha$ -synuclein seed amplification: a cross-sectional study

Prof Andrew Siderowf, MD  \*  • Luis Concha-Marambio, PhD \* • David-Erick Lafontant, MS • Carly M Farris, MS •

Yihua Ma, MS • Paula A Urenia, BA • et al. [Show all authors](#) • [Show footnotes](#)

$\alpha$ -synuclein SAA analysis of CSF

1123 participants

Parkinson's disease=545

Healthy controls= 163

SWEDD=54

Prodromal participants= 51

Non-manifesting carriers= 310

- Specificity for healthy controls and SWEDD were high
- Sensitivity for Parkinson's disease was 87.7%
- PD with the typical olfactory deficit had high sensitivity
- LRRK2 mutation had low sensitivity compared with GBA
- Prodromal participants with RBD or hyposmia had high positivity for  $\alpha$ -synuclein SAA

	N	Specificity (95% CI)	Sensitivity (95% CI)
Healthy controls	163	96.3% (93.4–99.2)	NA
SWEDD	54	90.7% (83.0–98.5)	NA
All Parkinson's disease cases	545	NA	87.7% (84.9–90.5)
Hyposmic	390	NA	97.2% (95.5–98.8)
Normosmic	146	NA	63.0% (55.2–70.8)
Sporadic Parkinson's disease	373	NA	93.3% (90.8–95.8)
LRRK2 mutation Parkinson's disease	123	NA	67.5% (59.2–75.8)
GBA mutation Parkinson's disease	49	NA	95.9% (90.4–100.0)
LRRK2 mutation Parkinson's disease			
Male participants	65	NA	78.5% (68.5–88.5)
Female participants	58	NA	55.2% (42.4–68.0)
Hyposmic	69	NA	89.9% (82.7–97.0)
Normosmic	49	NA	34.7% (21.4–48.0)
Normosmic and female participants	24	NA	12.5% (4.3–31.0)

# Behandeling

A wide-angle photograph of a beach at sunset or sunrise. The sky is filled with soft, colorful clouds in shades of blue, pink, and orange. The sun is low on the horizon, creating a bright glow. The ocean has gentle waves with white foam washing onto the sandy beach. The overall mood is peaceful and calm.

# Toedieningsvormen



International Congress of Parkinson's Disease and Movement Disorders®

August 27-31, 2023  
Copenhagen  
DENMARK

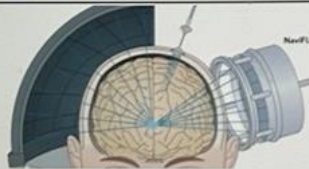
## Device-aided treatments

Identical indication for DBS and infusions: persistent motor fluctuations despite optimised oral/transdermal treatment. Additional indication for DBS: refractory tremor.

DBS



MRI guided focussed ultrasound: lesion



Krishna NEJM 2023



Levodopa/  
carbidopa/  
entacapone  
infusion

Poewe MDS 2021; Giladi Eur J Neurol; Olanow  
Mov Disord 2020; Rosebraugh Park Relat Disord  
2022; Soileau Lancet Neurol 2022

Infusions



Levodopa/  
carbidopa  
intestinal gel  
infusion LCIG



Subcutaneous  
apomorphine  
infusion

Odin Park Relat Disord 2015; Politis Mov Disord 2017; Othman  
Clin Pharmacokinet 2015; Natera-Villalba Curr Op Neurol 2022

# Nieuwe toedieningsvormen



International Congress of Parkinson's Disease and Movement Disorders®

August 27-31, 2023  
Copenhagen  
DENMARK

## Subcutaneous foslevodopa/foscarbidopa

Pump system not approved by FDA or EMA

Pro-drug; more soluble than levodopa, enzymatic conversion  
⇒ less volume. Facheris Neurology 2020; Rosebraugh Ann Neurol 2021



Worn for 72 hours.

Randomised comparison with oral levodopa; double-dummy

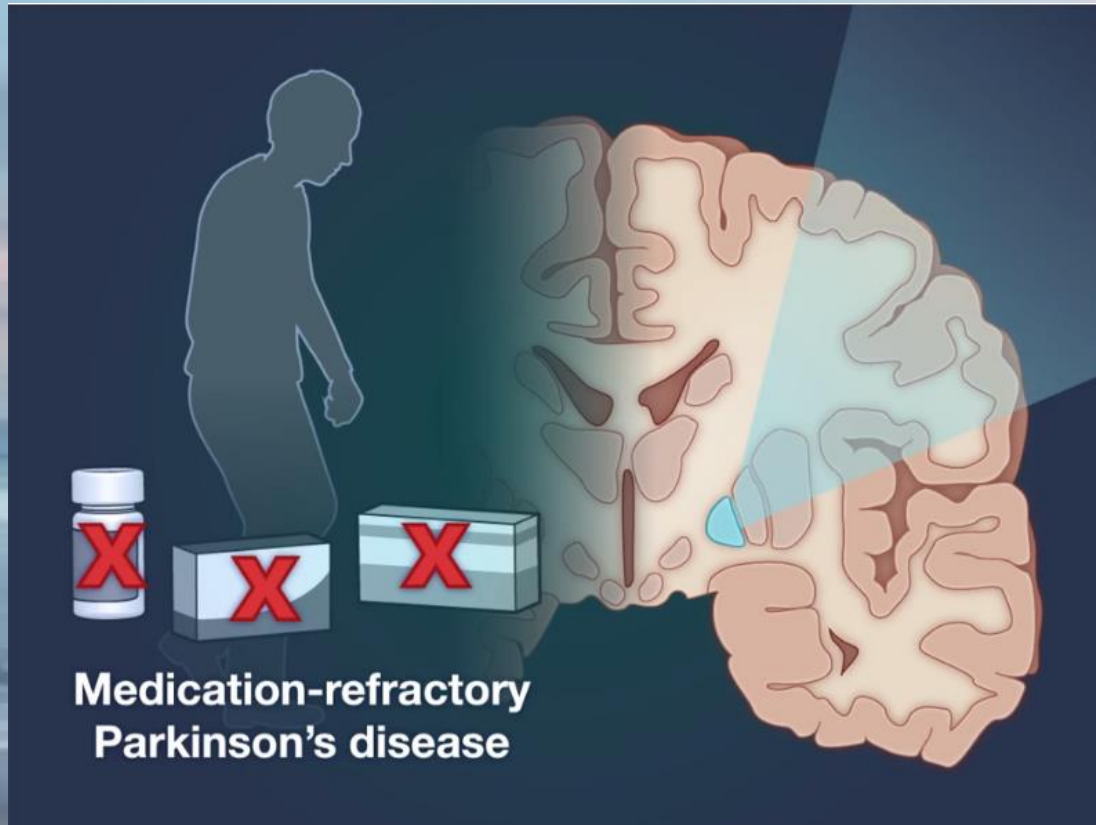
Screening: n=174; device training - levodopa drugs converted to immediate-release levodopa-carbidopa

Double-blind phase: n=141; 12-weeks: dose adjustments during first 4 weeks.

**Safety and efficacy of continuous subcutaneous foslevodopa-foscarbidopa in patients with advanced Parkinson's disease: a randomised, double-blind, active-controlled, phase 3 trial**

Michael J Soileau, Jason Aldred, Kumar Budur, Nahome Fisseha, Victor SC Fung, Anna Jeong, Thomas E Kimber, Kevin Klos, Irene Litvan, Daniel O'Neill, Weining Z Robieson, Meredith A Spindler, David G Standaert, Saritha Talapala, Eleni Okeanis Vaou, Hui Zheng, Maurizio F Facheris, Robert A Hauser

# “FUS”





## RESEARCH SUMMARY

## Trial of Globus Pallidus Focused Ultrasound Ablation in Parkinson's Disease

Krishna V et al. DOI: 10.1056/NEJMoa2202721

**CLINICAL PROBLEM**

In patients with Parkinson's disease, focused ultrasound ablation of the internal segment of the globus pallidus has been associated with reductions in motor symptoms and dyskinesias in small, open-label studies. Additional data are needed.

**CLINICAL TRIAL**

**Design:** A multicenter, prospective, double-blind, randomized, sham-controlled trial assessed the efficacy and safety of unilateral focused ultrasound ablation of the globus pallidus internus in patients with medication-refractory idiopathic Parkinson's disease.

**Intervention:** 94 patients  $\geq 30$  years of age with dyskinesias or motor impairment while receiving levodopa were assigned in a 3:1 ratio to undergo either focused ultrasound ablation of the globus pallidus internus (active treatment) or a sham procedure, delivered opposite the side with greater impairment. Patients were awake and treated in the off-medication state. The primary outcome was a response, defined as a reduction (improvement) of  $\geq 3$  points on either a motor-impairment scale for the treated side in the off-medication state or on a dyskinesia scale in the on-medication state, without a clinically meaningful worsening in either scale, at 3 months.

**RESULTS**

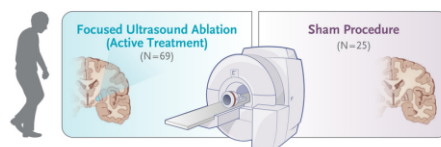
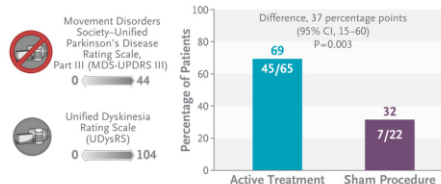
**Efficacy:** Among 87 patients who could be evaluated at 3 months, the percentage who had a response was more than twice as high in the active-treatment group as in the control group.

**Safety:** Pallidotomy-related adverse events at 3 months were uncommon but included dysarthria, gait disturbance, loss of taste, visual disturbance, and facial weakness.

**LIMITATIONS AND REMAINING QUESTIONS**

- Primary-outcome data were missing for approximately 7% of patients.
- Blinding of the trial-group assignments was unsatisfactory.
- Longer and larger trials are needed to determine the efficacy and safety of this intervention in Parkinson's disease.

Links: [Full Article](#) | [NEJM Quick Take](#) | [Editorial](#)

**Response ( $\geq 3$ -Point Improvement) at 3 Mo****Response ( $\geq 3$ -Point Improvement) at 12 Mo****Pallidotomy-Related Adverse Events at 3 Mo**

	Active Treatment (N=68)	Sham Procedure (N=24)
Dysarthria	1	0
Visual disturbance	1	0
Facial weakness	1	0

**CONCLUSIONS**

In patients with medication-refractory Parkinson's disease, those who underwent unilateral focused ultrasound ablation of the globus pallidus internus were significantly more likely to have a reduction in motor symptoms or dyskinesias over a period of 3 months than those who underwent a sham procedure.

-gevorderde PD  
 -geen DBS kandidaat  
 -veelbelovend  
 -lange termijn resultaten  
 -niet omkeerbaar  
 -invloed QoL?

# GBA 1 geassocieerde ziekte van Parkinson

- varianten GBA1 gen => genetische risicofactor Parkinson (bij ongeveer 10% PD)
- GBA 1 gen codeert voor glucocerebrosidase
- mechanisme?: accumulatie glucosylceramide?
- Venglustat glucosylceramide synthase remmer


## **Safety and efficacy of venglustat in GBA1-associated Parkinson's disease: an international, multicentre, double-blind, randomised, placebo-controlled, phase 2 trial**

*Lancet Neurol* 2023; 22: 661–71

*Nir Giladi, Roy N Alcalay, Gary Cutter, Thomas Gasser, Tanya Gurevich, Günter U Höglinger, Kenneth Marek, Claudio Pacchetti, Anthony H V Schapira, Clemens R Scherzer, Tanya Simuni, Pascal Minini, S Pablo Sardi, M Judith Peterschmitt*

- phase 2 MOVES-PD trial
- the safety, efficacy, and pharmacodynamics of venglustat 15 mg/day in people with GBA1-associated Parkinson's disease
- This part of the study consisted of a 52-week, placebo-controlled, double-blinded treatment period, which was followed by a 104-week open-label extension period, in which participants in the placebo group switched to venglustat treatment
- In people with GBA1-associated Parkinson's disease in our study, venglustat had a satisfactory safety profile but showed no beneficial treatment effect compared with placebo

## Lessons and future directions for *GBA1*-targeting therapies

[Ziv Gan-Or<sup>a</sup>](#) 

- The study hypothesis was wrong
- Participants were recruited at too advanced stage for the drug to have an effect
- *GBA1* variants can be classified as severe or mild
- In this study, a small imbalance in severe and mild *GBA1* variants was noted between groups

# Samenvatting

- Parkinson is een multisysteem ziekte
- goed geïnformeerd passende zorg
- veel lopend onderzoek
- biomarkers Parkinson komen eraan
- nieuwe toedieningsvormen

# Vragen?



Voorlichtingsavond over  
de ziekte van Parkinson

# Vragen?



Voorlichtingsavond over  
de ziekte van Parkinson

THE STORY OF  
**Florence  
Nightingale**

